GABA 500mg

DESCRIPTION
GABA 500 mg, provided by Douglas Laboratories, supplies 500 mg of gamma amino butyric acid per each capsule.

FUNCTIONS
GABA (gamma-aminobutyric acid) is an amino acid that functions as a neurotransmitter in the brain. GABA is synthesized in the brain from another amino acid, glutamate, and functions as an inhibitory neurotransmitter – meaning that it blocks nerve impulses. In the body, GABA is concentrated in the hypothalamus region of the brain and is known to play a role in the overall functioning of the pituitary gland – which regulates growth hormone synthesis, sleep cycles, and body temperature.

FORMULA (#80611)
Each capsule contains:
GABA (gamma amino butyric acid)............................... 500 mg

SUGGESTED USE
Adults take 1 capsule daily with meals or as directed by physician.

SIDE EFFECTS
No adverse side effects have been reported.

STORAGE
Store in a cool, dry place, away from direct light. Keep out of reach of children.

REFERENCES

For more information on GABA 500mg visit douglaslabs.com

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.